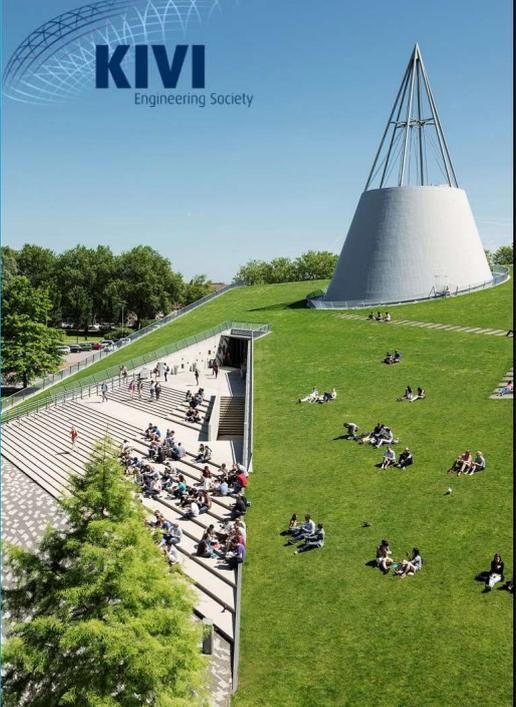




Radiation Dosimetry

Dr. ir. Konstantinos Chatzipapas | Medical Physicist
Ass. Professor of Radiation Dosimetry and Biophysics

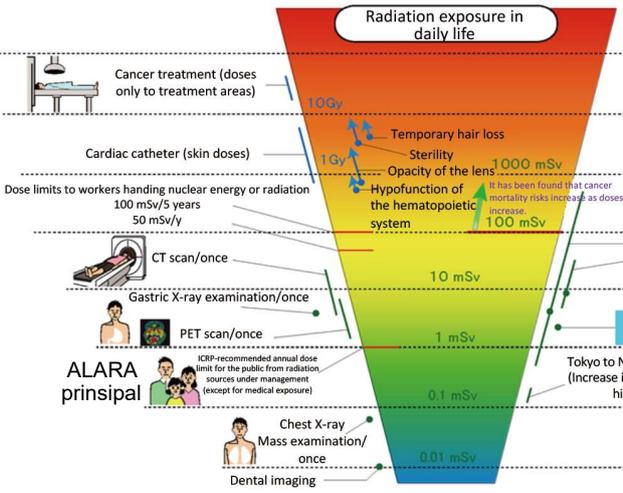
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1

Radiation exposure

Artificial radiation



ALARA principle
ICRP recommended annual dose limit for the public from radiation sources under management (except for medical exposure)

Natural radiation

- Approx. 0.3 mSv from outer space
- Approx. 0.33 mSv from the ground
- Inhalation of radon, etc. Approx. 0.48 mSv
- Approx. 0.99 mSv from foods
- Annual doses from the ground in high natural radiation areas: Iran/Ramsar, India/Kerala, Chennai
- Natural radiation per person (Approx. 2.1 mSv per year)
- Tokyo to New York (round trip) (Increase in cosmic rays due to high altitudes)

1 banana = 0.1 microsieverts (µSv)

800 bananas = Transatlantic flight = 80µSv

50 bananas = Dental x-ray = 5µSv

100 bananas = 100g of Brazil nuts = 10µSv

27,000 bananas = UK average annual radiation dose = 2,700µSv

50,000,000 bananas = Lethal radiation dose = 5,000,000µSv

A SINGLE DENTAL X-RAY EXPOSES A PERSON TO ABOUT THREE TIMES LESS RADIATION THAN A ONE-HOUR FLIGHT

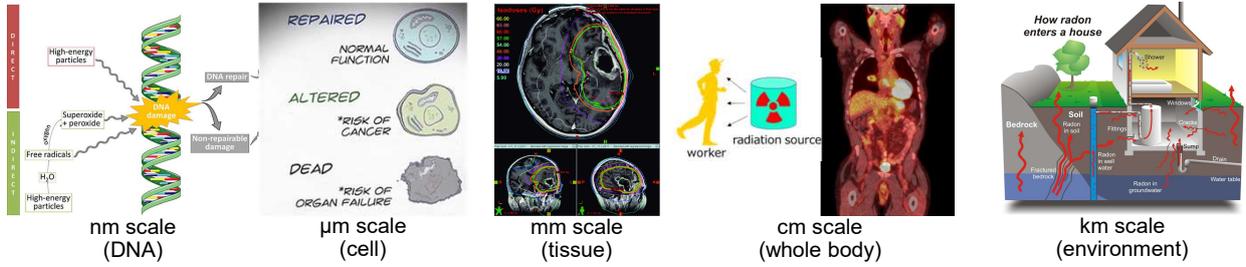
DENTAL X-RAY ≈ 3x ONE-HOUR FLIGHT

mSv: millisieverts

2

The Multi-Scale Challenge of Dosimetry

- How much dose did the worker receive?



- What exactly happens to biological tissue at the molecular level when radiation passes through it?

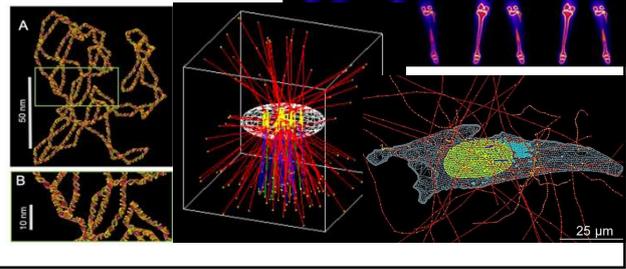
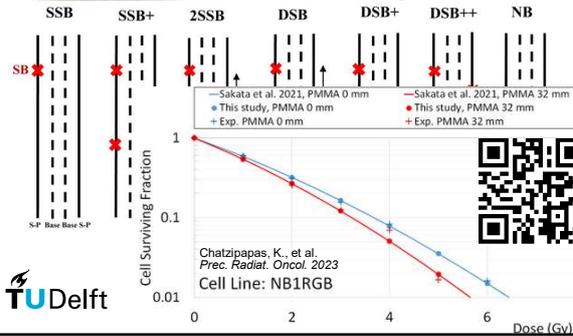
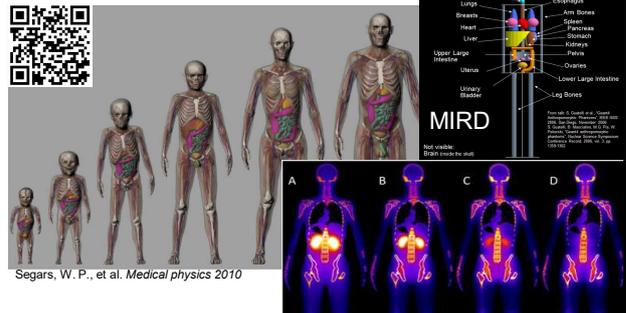


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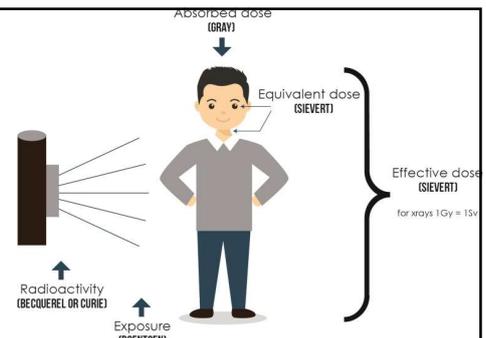
Dose measurement vs calculation



4

Key Dose Quantities

- **Physical quantities:**
 - Absorbed Dose (D): Energy/mass in Gray [J/kg]
- **Biological quantities:**
 - Equivalent Dose (H_T): Absorbed dose \times Quality Factor (radiation type)
 - Quality factor varies: photons QF=1, alpha particles QF=20, neutrons QF=5-20
- **Regulatory quantities:**
 - Effective Dose (E): Sum over organs of (equivalent dose \times organ sensitivity weight)
 - Example: 10 mSv to bone marrow + 0.1 mSv to skin = different cancer risks because bone marrow is 100x more radiosensitive
- **Molecular quantities:**
 - Specific energy: Energy deposition in nanometer-scale volumes around DNA targets
 - DNA damage yield (Gy^{-1}): Number of lesions per gray of dose to a cell
 - Repair kinetics and survival probability of cells



Equivalent dose in a tissue or organ

$$H_T = \sum_R w_R D_{T,R}$$

Effective dose

$$E = \sum_T w_T \sum_R w_R D_{T,R}$$

$D_{T,R}$: Mean absorbed dose from radiation R in a tissue or organ T

w_R : Radiation weighting factor

w_T : Tissue weighting factor

Computational Dosimetry - Monte Carlo & AI (1/3)

- GATE
- Personalised dosimetry
 - Medical applications
 - External beams/ radiotherapy (p/y)
 - Radionuclide therapy (PBPK)
 - Medical Imaging
- Shielding (Medical/ Nuclear facilities)

GATE 10 Hackathon 2026 - Delft
Feb 3-5, 2026

Organizing committee

- Nils Kraai, Holland Proton Therapy Center, Delft, The Netherlands
- Konstantinos Chatzipapas, TU Delft, The Netherlands
- David Sarrail, CNRS, University of Lyon, France
- Lydia Maigne, Université Clermont Auvergne, France

Contact

- n.kraai@hollandptc.nl
- k.chatzipapas@tudelft.nl

Computational Dosimetry - Monte Carlo & AI (2/3)

- **Geant4 and Geant4-DNA**
- ESA / TU_Delft
- Micro and nano-dosimetry
- Investigation of cellular damage to predict the outcome of irradiated persons (low dose conditions) (space/ workers)

Collaboration

The Geant4-DNA project was initiated by **P. Nieminen** at **ESA/ESTEC**, The Netherlands.

The Geant4-DNA collaboration is managed by a **Steering Committee (SC)** and **Activity representatives** are members of the Geant4-DNA Steering Committee. The Geant4-DNA project is coordinated by **INSPIRE** since 2008. It is a full activity of the **European Space Agency (ESA)** working group of the **Geant4 collaboration**. Our collaboration rules have been adopted in 2014 and they are updated every three years.

For the **2023-2026 collaboration cycle**, the following **collaborators** are members of the Geant4-DNA collaboration.

Geant4-DNA World map of collaborators in 2023-2026



Steering Committee members are

- **Physics** = activity: **I. Myriakou**, Ioannina U., Greece
- **Chemistry** = activity: **H. N. Tran**, LP2I/IN2P3/CNRS, France
- **Biological damage and repair** = activity: **Y. Perrot**, ASNR, France
- **Applications and G4-Med** = activity: **S. Guatelli**, Wollongong U., Australia
- **Documentation and outreach** = activity: **S. Sakata**, Osaka U., Japan
- **Computing & testing** = activity: **V. Ivantchenko**, CERN & Tomsk U.
- **Technical Coordinator**: **H. N. Tran**, LP2I/IN2P3/CNRS, France
- **ESA representatives**: **P. Nieminen** and **G. Santin**, ESA/ESTEC, The Netherlands
- **Geant4 representative**: **V. Ivantchenko**, CERN & Tomsk U.
- **Geant4-DNA coordination**: **S. Incerti**, LP2I/IN2P3/CNRS, France (spokesperson), **D. Sakata**, Osaka U., Japan (deputy spokesperson)

The following collaborators are contact point for specific research topics

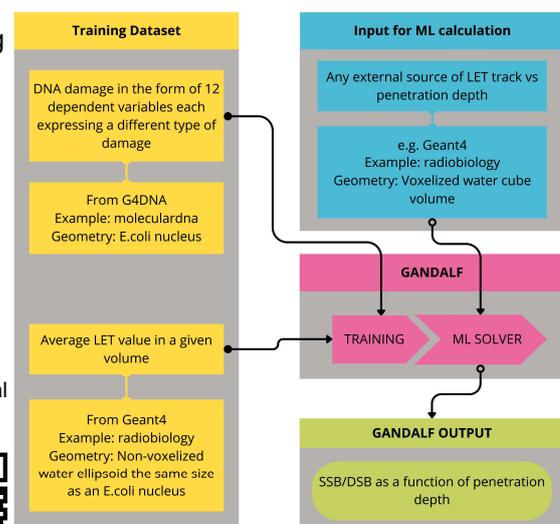
- **AI**: **K. Chatzipapas**, T. U. Delft, The Netherlands
- **Flash irradiation**: **S. Fattori**, LNS/INFN, Italy
- **Space applications**: **J. M. C. Brown**, Swinburne U., Australia
- **Geant4-DNA database**: **S. Fattori**, LNS/INFN, Italy



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Computational Dosimetry - Monte Carlo & AI (3/3)

- Fast Prediction to enable real-time decision-making in medical and nuclear facilities.
- **GANDALF**
 - a neural network trained on Geant4-DNA simulation outputs to predict DNA damage
 - feeding a dose distribution to predict DNA damage patterns and cellular risk.
 - This enables real-time decision-making in nuclear and medical facilities:
 - Worker planning a maintenance task in a reactor pool
 - Optimisation of shielding in both nuclear facilities and clinical environment
 - Optimise biological result of therapeutic procedures



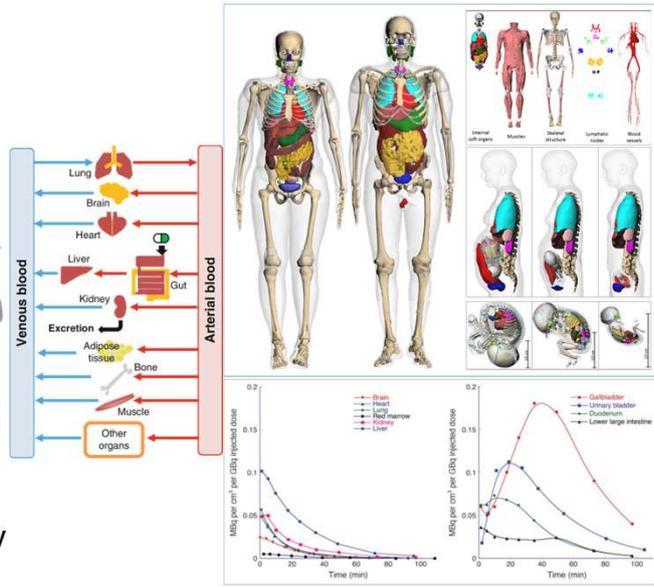
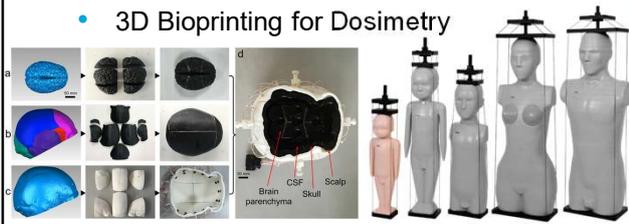
Sciuto A., Chatzipapas K. et al. *Physica Medica* 2025



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Personalized dosimetry

- Beyond the average person
- Physiologically-Based Pharmacokinetic Modeling (PBPK)
- 3D Bioprinting for Dosimetry
- Applications Beyond Nuclear Industry:
 - Medical imaging- Radiotherapy-
 - Space radiation- Occupational dosimetry



Digital Twins & Future of Nuclear Dosimetry

- Virtual Environment for Reactor Applications (VERA).
- VERA can solve a variety of reactor performance challenges by modeling multiphysics phenomena.
- A virtual reality digital twin model of the ORNL's liquid-salt test loop facility, displaying embedded technical information with simulated walk-downs to optimize work planning



MENU

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NWO makes 7 million euros available for research into Digital Twins

Springer Nature, 1978-3-031-21343-4_31



Future Directions & Call to Collaboration

- Research frontiers at TU_Delft and the RID
- Real-time AI dosimetry
- Lunar/Space radiation dosimetry
- Advancing molecularDNA
- Integration with medical physics
- International collaboration
- Contact us for future collaboration

Applied Radiation & Isotopes (ARI) Group
Department of Radiation Science and Technology (RST)
Faculty of Applied Sciences, TU Delft



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